

Could you be suffering from PBA?

Pseudobulbar affect (PBA), also known as emotional lability, is a neurologic disorder that may occur when disease or injury damages the area of the brain that controls normal expression of emotion. This damage can disrupt brain signaling causing a “short circuit”, triggering episodes of involuntary emotional expressions.

1 Do you have a neurologic condition such as Alzheimer’s, Parkinson’s, Amyotrophic Lateral Sclerosis (ALS), or Multiple Sclerosis (MS) or have you had a stroke or traumatic brain injury?

Yes No

2 Do you cry easily?

Yes No

3 Do you find that even when you try to control your crying, you can’t?

Yes No

4 Do you laugh at inappropriate times?

Yes No

5 Do you have outbursts of emotion that are inappropriate to the situation?

Yes No

If you answered “yes” to the first question and one or more of the other questions, you may suffer from PBA and should consider talking to your doctor. As with any medical issue, you should share all of your symptoms with your doctor or healthcare professional. Only he or she can make a proper diagnosis.

For more information go to www.PBAinfo.org



**pseudobulbar
affect** | **PBA**

This questionnaire should not substitute a diagnosis from a healthcare professional.