

Discussing PBA with your doctor

If you suspect that you or someone you love has pseudobulbar affect (PBA), the following questions may help you prepare for your next doctor's visit and make it a more productive one.

After discussing your crying or laughing episodes with your doctor, you may want to ask:

Q1. Do you think I have PBA?

Please note that your doctor may know PBA by other names, such as emotional lability.

Q2. Do you need to do any tests to confirm whether I have PBA?

Your doctor may perform a simple test that will involve asking you questions about your emotional episodes.

If diagnosed with PBA, ask:

Q3. How can I manage PBA?

If you or your doctor would like more information about PBA, refer him or her to www.PBAinfo.org.

For more information go to www.PBAinfo.org



**pseudobulbar
affect** | **PBA**