

Center for Neurologic Study-Lability Scale (CNS-LS)

Using the scale below, please circle the number that best describes the degree to which each item has applied to you *during the past week*. Circle only one number for each item.

Applies never	Applies rarely	Applies occasionally	Applies frequently	Applies most of the time
1	2	3	4	5

1. There are times when I felt fine one minute, and then became tearful the next—over something seemingly small, or for no reason at all
2. Others have told me that I seem to have been easily amused, or that I became amused about something that isn't funny
3. I cry easily
4. Even when I tried to control my laughter, I was often unable to do so
5. There were times when I wasn't thinking of anything especially happy or funny, but was suddenly overcome by funny or happy thoughts
6. Even when I tried to control my crying, I was often unable to do so
7. I have been easily overcome by laughter

Source: Moore SR, Gresham LS, Bromberg MB, et al. A self report measure of affective lability. *J Neurol Neurosurg Psychiatry*. 1997;63:89-93.